

Table 5. Overview of adjusted or standardised variables at each BRHS physical examination study timepoint

These variables can be found in the **derived variables datasets** for each study timepoint. Methods are described in the associated documentation file.

Derived variables	1978-80 Baseline (Q1)	1998-2000 20 year Survey (Q20)	2010-2012 30 year Survey (Q30)	2018-2019 40 year Survey (Q40)
Description				
Blood pressure				
Sitting SBP (mean of 2 readings -adjusted)	✓	✓	✓	
Sitting DBP (mean of 2 readings -adjusted)	✓	✓	✓	
Standing SBP (mean of 2 readings -adjusted)		✓		
Standing DBP (mean of 2 readings -adjusted)		✓		
FEV1 (height standardised)		✓	✓	
Anthropometric measurements				
Hip Circumference (adjusted)		✓		
Subscapular skinfold (adjusted)		✓		
Triceps skinfold (adjusted)		✓		
Waist Circumference (adjusted)		✓		